



IRVING RECREATION CENTER

SUMMER DAY CAMP 2016

Grades 3-4

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954 (Rec.Center)
402-405-6608 (K-2 phone)
402-405-6609 (3-4 phone)
402-405-6610 (5-7 phone)

The Road to Rio: Week 5

Welcome to Week 5 of Summer Day Camp! We're grooving this summer and looking forward to all the fun this week! Please be sure to send your child with closed-toe athletic shoes every day, even if we are swimming.

THIS WEEK'S HIGHLIGHTS

Monday

We will start off with a quick reminder of rules for Irving Day Camp and break into our weekly teams. We will spend the morning playing some active games outside. After lunch, we will have a lantern craft and learn about Athena, the goddess of wisdom!

Tuesday

In the morning, we will take a walk to South Branch Library. Please send your library card if your child has one! In the afternoon, we will be playing tennis, doing some yoga and making a family shield.

Wednesday

We will start off the morning learning about Germany! Then we will spend our late morning swimming at Irvingdale Pool. Remember your swim suit, a towel, sun screen and flip flops for the pool! After swimming, we will play some active games outside and get to know our teammates!

Thursday

It's Field Trip Day! Please remember to wear your orange shirt! Please note that we will be lining up to leave for our fieldtrip at 8:40am. We will be going to the Grand Movie Theater in the morning and will return around noon. In the afternoon, we will spend time at the basketball courts playing games and working on our sport fundamentals!

Friday

We will start off our "Fitness Friday" with an active workout followed by swimming at Irvingdale Pool. Remember your swim suit, a towel, sun screen and flip flops for the pool! In the afternoon, we will talk about the qualities of an Olympian and finish with a team choice activity!